

Terms of Engagement and Consent Form

Practitioner Copy

Good nutrition supports the body's natural defences and resistance. However, no absolute claims can be made about the efficacy of any naturopathic nutritional advice.

The Naturopathic Nutrition Practitioner

- Naturopathic nutritional advice will be tailored to support medically diagnosed conditions and/or health concerns agreed and identified by the two parties.
- Naturopathic nutritional practitioners are not permitted to diagnose or claim to treat medical conditions.
- Naturopathic nutritional therapy is not a substitute for professional medical advice and treatment.

The Client

- You are responsible for contacting your GP or specialist about any health concerns you may have.
- Please advise your GP of the naturopathic nutrition protocol you will be following. Please also advise any other complementary medicine practitioners you are consulting.
- It is important that you tell your practitioner about any medical diagnosis you have received, any prescription medication, herbal medicine, food supplements, or over the counter medication you are taking, as it may affect the naturopathic nutritional programme.
- If you are unclear about any part of your plan, you should contact your practitioner immediately for clarification.
- Your naturopathic nutritional programme and supplement plan will have a time frame and you should not continue with recommendations outside of this unless agreed by your naturopathic nutritional practitioner. This is to avoid any adverse reactions.
- Please report any concerns about your programme to your naturopathic nutritional practitioner for discussion at your next consultation.
- You agree for your information to be shared with 3rd parties (for example, labs such as Genova Diagnostics for purposes relating to testing) only when necessary, and after having discussed this with the Practitioner.

Signature:

Date:

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